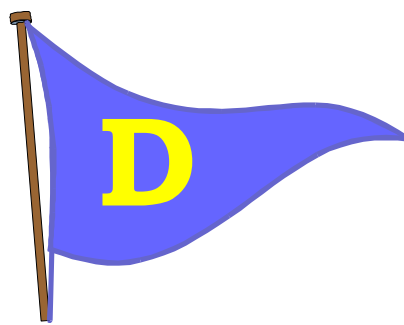
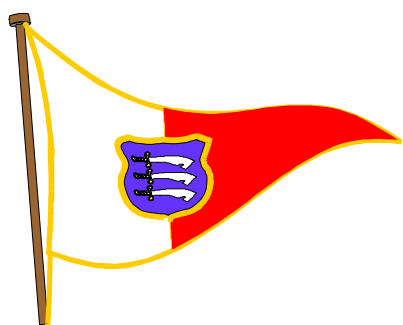


WEST MERSEA YACHT CLUB

&

DABCHICKS SAILING CLUB



SAILING INSTRUCTIONS

2018

SPONSORED BY





SAILING INSTRUCTIONS

1 RULES

- 1.1 The races will be governed by the rules as defined in Racing Rules of Sailing (RRS)
- 1.2 Rules 44.3 (scoring penalty) and RRS 52 (manual power) shall not apply
- 1.3 Automatic mechanical and wind vane devices for steering are prohibited
- 1.4 Separate Appendices accompany these instructions relating to West Mersea White Sail series , WMYC Ladies Regatta, WMYC Centenary Regatta, IRC Sportsboat series, WMYC Autumn Trophy and Finola Cup Races, DSC Friday Series, DSC commodores Regatta.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the entrance hallway of WMYC.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to sailing instructions will be posted before 0900 on the day it will take effect except that any change to the schedule of races will be posted by 2000 on the day before it will take effect
- 3.2 Oral changes to sailing instructions may be made from the Committee Boat using VHF Channel 77 call sign 'Molliette' or 'Centenary'. When oral changes have been issued, the Committee Boat will display Code Flag L over Flag O.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be flown from the yardarm in front of WMYC.

5 SCHEDULE OF RACES

- 5.1 Races are scheduled in accordance with the 2018 WMYC and DSC Sailing Programmes.
- 5.2 Unless an amendment notice or an appendix to these Sailing Instructions is applicable, the scheduled start times for all races will be as published in the 2018 sailing programme.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is made
- 5.4 In any fleet, the minimum number of yachts required for a race to be started is two.
- 5.5 When the OOD has abandoned or postponed a race and it cannot be sailed on its original day the Sailing Committee may convene a meeting to decide what action to take. They will take into account the individual circumstances and the knock-on effect on any of the race series.

6 CLASS FLAGS

- 6.1 The following Class Flags will be used :-

| | |
|----------------|-------------------|
| IRC Fleet | Numeral Pennant 1 |
| LH Fleet | Numeral Pennant 5 |
| White Sail | Numeral Pennant 4 |
| IRC Sportsboat | Numeral Pennant 9 |

- 6.2 Class flags shall be flown from the backstay by all competitors
- 6.3 Legible Sail numbers shall be worn on at least the mainsail of all competing yachts



7 Racing Areas

- 7.1 The Race area is the Blackwater and Colne estuaries
- 7.2 The locations of the Racing marks may be found using the WMYC and DSC course chart which is produced annually.

8 COURSES

- 8.1 Unless amendments or alternative sailing instructions are given, courses will be taken from the 2018 WMYC and DSC combined Course Chart. The number of the course to be sailed will be that displayed on the rail of the Committee Boat at the Fleet warning signal. The course number may be removed after the Start Signal and replaced with the course for any following fleet. If the number of the course displayed on the Committee Boat is followed by X2, this denotes that 2 laps of that course should be sailed, X3 denotes that 3 laps of that course should be sailed, etc.
- 8.2 If course number 77 is displayed then the OOD will broadcast the course to be sailed on VHF Channel 77, call sign 'Molliette' or 'Centenary'. The broadcast will be issued approximately 15 minutes before the start of each race effected and may be displayed on a blackboard on the committee boat.

9 MARKS

- 9.1 The racing marks are yellow can shaped buoys that may additionally have a black flag. They are identified by their sponsor name and or their number.
- 9.2 Their approximate positions are shown on the Course Chart
- 9.3 If a mark is damaged or missing it may be replaced temporarily by a mark of a different appearance.
- 9.4 All other race marks shown on the Course Chart are charted navigation marks.
- 9.5 A Dan buoy will be orange with an orange flag
- 9.6 Laid marks shall be orange or yellow inflatables of any shape

10 THE START

- 10.1 Races will be started using rule 26 with the warning signal made 5 minutes before the starting signal
- 10.2 The starting line will be either;
 - 10.2.1.1 One of the club starting lines- defined as a line between the main mast of the Committee Boat moored to the Committee Boat mooring buoy (approximately 200m to the south west of the Nass Beacon) and the OLM displayed on a board on the Committee Boat.
 - 10.2.1.2 If the board displays 'S' then Outer Limit Mark 'S' - (yellow buoy with a blue flag) will be the OLM.
 - 10.2.1.3 If the board displays 'E' then Outer Limit Mark 'E' - (yellow buoy with an Orange flag) will be the OLM.
 - 10.2.1.4 If the board displays 'W' then Outer Limit Mark 'W' (yellow buoy with a green flag) will be the OLM

Or:

- 10.3 A Committee Boat Line – defined as a line between the main mast of the Committee Boat moored adjacent to a chosen mark or dan buoy.
- 10.4 A transit between the pole with a black flag on the Middle Ouse, and the Flagstaff on the WMYC lawn.
- 10.5 Which start line to be used shall be decided by the OOD and this information will be transmitted on VHF channel 77 using the call sign 'Molliette' or 'Centenary', a minimum of 15 minutes before the start of the race.
- 10.6 The starting countdown sequence may be broadcast on VHF channel 77, call sign 'Molliette' or 'Centenary'. This broadcast will be advisory only; competitors should refer to the start signals.
- 10.7 Competitors shall start in the direction of the first mark of the designated course.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change a leg of a course the race committee will lay a new mark and signal in accordance with RRS 33 except the old mark may not be removed



12 THE FINISH

12.1 The finishing line will be between the main mast of the Committee Boat moored to the Committee Boat mooring buoy and the Outer Limit Mark 'S' (Black Flag) to the South of the Committee Boat mooring buoy.

OR

12.2 The finishing line will be between the Committee boat mast flying an orange flag and a danbuoy flying an orange flag

Or

12.3 A transit between the pole with a black flag on the Middle Ouse, and the Flagstaff on the WMYC lawn

13 TIME LIMITS

13.1

| Event | First boat Time Limit | First mark Time limit First boat | First boat Target Time |
|-------------------------|-----------------------|----------------------------------|------------------------|
| Multi Race day | 2 hours | 30 mins | 1.5 hours |
| Single Race days | 3 hours | 30 mins | 2 hours |
| Long Race days | 4 hours | 60 mins | 3 hours |

Long race days are defined in the racing programme with (L)

13.2 Any boat finishing within this time limit shall make the race valid. Boats failing to finish within 90 minutes after the first boat sails the course and finishes will be deemed to have retired and scored as DNF. This changes RRS 35, A4 and A5.

14 PROTESTS AND REQUESTS FOR REDRESS

14.1 A boat which wishes to lodge a protest shall verbally inform the OOD aboard the Committee Boat as soon as possible after finishing or retiring.

14.2 Protests shall be lodged in writing to the relevant Clubhouse by 18.00hrs on the day of the race, or within two hours of finishing, whichever is earlier.

15 SCORING

15.1 A boat disqualified (DSQ) shall be scored points for the finishing place one more than the number of boats that come to the starting area for that race. A boat that does not come to the starting area(DNC) shall be scored points for the finishing place one more than the number of boats entered in the series. This changes Appendix A4.2

15.2 OODs who normally race will receive their average points for the races in which they have competed during that series, or third position whichever is lowest, for any race missed in that series while serving as OOD, calculated at the end of the series. See DSC Friday Series Appendix for separate rule relating to that series.

15.3 Results will be published separately for all yachts that have an IRC 2018 rating

15.4 All yachts will be given an LH handicap by the Joint Handicap Committee and results will also be published including every yacht that raced on each occasion.

15.5 The White Sail Series is intended to appeal to boats which are less than fully crewed and do not have an IRC Rating. Scoring for these series will be by NHC handicap. See separate series appendices for any change

15.6 Points will be awarded on the following basis: Mersea Spring Points, Mersea Autumn Points and WMYC Centenary Regatta – points will only be awarded to yachts holding a valid 2018 Local handicap.

15.7 DSC Club Championship – points will be awarded based upon the overall results of yachts in the Mersea Spring Points Series, Mersea Autumn Points Series and DSC Friday Series using LH results.



Position in a series

15.8 In a series, each boat's score shall be the total of her race scores, excluding the number of her worst scores as specified in 15.12 below. The boat with the lowest series score wins and others shall be ranked accordingly.

Ties in races and series

15.9 Boats with the same corrected time in a race will be awarded equally the position as if one boat had that corrected time. Subsequent boats will be allocated positions as if tied boats ahead had been placed with different corrected times. This changes RRS Rule A7.

15.10 When there is a tie in a series, the tie will be broken in accordance with RRS Rule A8.

Extracting results for other series

15.11 For WMYC and DSC series within combined races, each boat will have its points calculated for the relevant event as if only boats for that particular event had been racing.

Number of races and number required to make a series

15.12 The number of races scheduled in each series and the minimum number required to make a series in each case is set out in the following table:-

| SERIES | NUMBER OF RACES | MINIMUM REQUIRED |
|---------------------------------|-----------------|------------------|
| MERSEA SPRING SERIES | 8 | 4 |
| MERSEA AUTUMN SERIES | 7 | 4 |
| WMYC CLUB CHAMPIONSHIP | 17 | 8 |
| WHITE SAIL (NHC) CRUISER SERIES | 10 | 5 |
| DSC FRIDAY SERIES | 15 | 7 |
| IRC SPORTSBOAT SERIES | 10 | 4 |

Discards allowed

15.13 The number of scores that will be excluded for each boat in a series will be determined by the number of races completed in that series in accordance with the following table:-

| Number of Races Completed | Less than 3 | 3-6 | 7-9 | 10-12 | 13-16 |
|---------------------------|-------------|-----|-----|-------|-------|
| Number of Scores Excluded | None | 1 | 2 | 3 | 4 |

See West Mersea White Sail Series, IRC sportsboat series and DSC Friday Series Appendices for separate rules relating to those series.

16 PRIZES

16.1 In general, prizes will be awarded in relation to the number of entries for each Race, Series, Division or Fleet as appropriate.



| | |
|-----------------|---|
| Up to 4 entries | 1st Place only will be awarded. |
| 5 to 8 entries | 1st and 2 nd places will be awarded. |
| Over 8 entries | 1st, 2nd and 3rd places will be awarded. |

- 16.2 **Trophies and prizes will be presented at each Club's end of season prize giving event.**
- 16.3 Where there is more than one race on a day the trophy will be awarded based upon a boats combined score on that day. Individual trophies for MSP and MAP will be awarded based upon local handicap results.

17 SAFETY REGULATIONS

- 17.1 A boat that retires from a race shall notify the OOD as soon as possible.

Safety Declaration

- 17.2 Before competing in any race boat owners shall submit to the WMYC Secretariat a signed Safety Declaration as per the attached form APPENDIX 1. WMYC will copy these forms to DSC on a weekly basis. WITHOUT EXCEPTION, FAILURE TO COMPLY WITH THIS REQUIREMENT WILL RESULT IN BOATS BEING SCORED D.N.C. This changes Rule A4.2, A5, A9

Safety Equipment

- 17.3 All boats shall carry a minimum of all the following safety equipment:
- Lifejackets for all crew members
 - Lifebuoy
 - EPIRB and/or Handheld VHF or
 - Coastal Flare pack - 2 Red hand held flares and 2 Orange smoke flares, all in date
 - Fog Horn
 - Echo Sounder
 - Fire Extinguisher
 - Anchor, 2m chain and a minimum of 30ft cable
 - First Aid Kit
 - Marine Compass
 - Manual Bilge Pump permanently fitted and operated from cockpit
 - Stout Bucket with lanyard
 - VHF Radio
 - Bolt croppers or other effective means of cutting rigging
 - Suitable knife accessible from the deck effective for cutting sheets and halyards
 - Heaving line & Towing line
- 17.4 The following items are recommended:
- Safety harnesses (one for each crew member)
 - kedg anchor and warp
 - storm jib
- 17.5 This list is not the basis of any definitive safety at sea recommendation by WMYC or DSC.

Inspections

- 17.6 The technical committee or their representatives of WMYC and DSC reserve the right to board any boat before or after any race to check safety equipment or class compliance. A boat found not to comply may be protested.



18 RADIO COMMUNICATION

- 18.1 [DP] Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 18.2 Information regarding the race may be broadcast on VHF Channel 77 callsign 'Molliette' or 'Centenary', competitors are strongly advised to monitor that channel before and during the race.

19 RISK STATEMENT

- 19.1 Rule 4 of the RRS states "The responsibility for a boats decision to participate in a race or to continue racing is hers alone"
- 19.2 Sailing by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the events, each competitors agrees and acknowledges that;
- 19.2.1 They are aware of the inherent element of risk involved in the in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event
- 19.2.2 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore
- 19.2.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions
- 19.2.4 Their boat is in good order, equipped to sail in the event and they are fit to participate
- 19.2.5 The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities
- 19.2.6 The provision of patrol boat cover is limited to such assistance particularly in extreme weather conditions, as can be practically provided in the circumstances.
- 19.2.7 It is their responsibility to familiarize themselves with any risks specific to this venue, or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.
- 19.2.8 Competitors are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

20 INSURANCE

- 20.1 Each participating boat shall be insured with valid third party liability insurance with a minimum cover of £3,000,000 per event or the equivalent in any currency



21. ACKNOWLEDGEMENTS

We are most grateful to those individuals, companies and organisations listed below that have kindly sponsored our racing marks for the 2017 season.

| Race Marks 2018 | | | | |
|-----------------------------|-------------------------|------------------------------------|-------------|---------------------|
| 1 | Quest | Quest Motor Group | Black Flag | 51-45.82N 00-56.25E |
| 2 | Gosling Insurance | J Gosling (Insurance Brokers) Ltd | Black Flag | 51-45.21N 00-56.62E |
| 3 | Micro Scooters | Micro Scooters Ltd | Black Flag | 51-45.13N 00-52.90E |
| 5 | Paynes Turf | F E Payne & Son | Black Flag | 51-44.92N 00-53.93E |
| 6 | Thompson Smith & Puxon | Thompson Smith & Puxon | Black Flag | 51-45.74N 00-58.96E |
| 10 | Ellisons | Ellisons Solicitors | Black Flag | 51-44.82N 00-59.41E |
| 12 | William Hackett Chains | William Hackett Chains | Black Flag | 51-44.45N 00-53.00E |
| 14 | Geoff Hunt Boatbuilding | Geoff Hunt Boatbuilding | Black Flag | 51-45.45N 00-53.91E |
| 17 | millermotorgroup.com | Miller Motor Group Ltd | Black Flag | 51-45.21N 00-55.11E |
| 18 | Waldegraves | Waldegraves Holiday Park | Black Flag | 51-45.60N 00-57.62E |
| MG | Fresh Catch | Fresh Catch | Black Flag | 51-45.61N 00-55.45E |
| OLM (S) | DSC | Dabchicks Sailing Club | Blue Flag | 51-45.58N 00-54.75E |
| OLM (E) | Outer Space | Space Workplace Ltd | Orange Flag | 51-45.68N 00-54.99E |
| OLM (W) | Whittle & Co | Whittle & Co Chartered Accountants | Green Flag | 51-45.70N 00-54.63E |
| COMMITTEE BOAT MOORING BUOY | | Geoff Payne | No Flag | 51-45.77N 00-54.63E |



APPENDIX 1
WMYC & DSC JOINT CRUISER
SAFETY DECLARATION 2018

In accordance with the Mersea Joint Cruiser Racing Sailing Instructions, and RRS92 The technical committee shall before racing ensure that, all yachts racing have signed and submitted to WMYC Secretariat a copy of this Safety Declaration.

A. INSURANCE - I confirm that my yacht named / Sail Number..... has a minimum of £3 million third party insurance cover.

B. SAFETY EQUIPMENT - I confirm that my yacht carries all the following items of equipment:-

Lifejackets for all crew members

Lifebuoy

EPIRB and/or working handheld VHF or

Coastal Flare pack - 2 Red hand held flares and 2 Orange smoke flares, all in date

Fog Horn

Echo Sounder

Fire Extinguisher

Anchor, 2m chain and a minimum of 30ft cable

First Aid Kit

Marine Compass

Manual Bilge Pump permanently fitted and operated from cockpit

Stout Bucket with lanyard

A working VHF Radio

Bolt croppers or other effective means of cutting rigging

Suitable knife accessible from the deck effective for cutting sheets and halyards

Heaving line & Towing line

Signed _____ Owner _____ (Print Name)

Date _____

Contact Email Address _____